A plan for handling the unexpected during a caregiving experience so you can manage life, work and caregiving responsibilities.

FAMILY EMERGENCY PLAN

Your booklet includes:

- Tools to use with your Certified Caregiving Consultant
  - Family Emergency Wheel and Plan
  - Worry and Plan Wheels

Use to The Caregiving Years handbook for additional support, ideas and insights.
INFORMATION PLAN

Who and what keeps important information so that what's needed can be accessed?

- Financial
- Passwords
- Advance Directives
- Insurance
- Funeral
- Medical
- Contacts
- Wishes
Caring for a family member can feel like waiting for the other shoe to drop. Without a plan, you can feel at the mercy of the moment. With a plan in place, you can manage the crisis effectively.
WORRY WHEEL

The worries build which can make it hard to understand which worry is the worst. Use our worry wheel to help understand the most pressing worry.
Every worry needs a plan. Use our wheel to start creating your plan for your worry.
My Information Plan

Originals and copies of important information can be found:
My Information Plan

Originals and copies of important information can be found:
My Family Emergency Plan

My basic back-up plan:
My Plan When

My Plan:
My Plan When

My Plan:
My Plan When

My Plan:
My Plan When

My Plan:
My Plan When

My Plan:
My Plan When _______________________________________________________________________

My Plan:
My Plan When

My Plan: